

# Hi Neighbour!

**COVID Kindness**  
know your neighbour

*Times are tough right now.*

*Let's band together, look out for each other and let our community shine.*

**Are you self-isolating?  
I can help with...**



- Collecting groceries
- Urgent supplies
- Mowing your lawn
- Bin day
- Walking the dog
- A friendly chat
- I've also got \_\_\_\_\_

**Let me know  
how I can help.**

name

address

phone or email

#CovidKindness

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