**WHAT SHOULD YOU DO...**

**COVID-19**

If you have been to these locations in the past 14 days:
- Adelaide Airport (including the terminal, carpark, or picking people up)
- Angaston, Nuriootpa, Tanunda, Lyndoch or Williamstown

Monitor health

If you become sick with new symptoms (e.g. fever, cough, sore throat, shortness of breath, fatigue)

Seek testing (stay in self-isolation while waiting for results)

- Positive result: Stay in self-isolation and follow medical advice
- Negative result: Stay home until feeling well

**If you have been in close contact with a confirmed case of COVID-19**

You are feeling sick with fever, cough, sore throat shortness of breath or fatigue OR you have been instructed by a healthcare professional to get tested for COVID-19

Self-isolate

Seek testing

Call your GP to book an assessment and testing. Provide your symptoms and travel history over the phone. Your GP may offer to see you while you are in your car.

If your GP is unable to assist you, visit a COVID-19 Clinic

- Stay in self-isolation for 14 days (even if you receive a negative test result) and follow medical advice

**If you are a healthcare, aged care or residential care worker with direct patient contact**

Do you have a fever (≥38) or history of fever OR an acute respiratory infection (e.g. shortness of breath, cough, sore throat)?

- Yes
- Negative result: Avoid contact with others until recovered
- Positive result: Stay in self-isolation and follow medical advice

- No

Monitor your health for any change

**If you are feeling unwell but have not travelled or been in contact with a confirmed case**

Fever, cough, sore throat, shortness of breath or fatigue

Call your GP for advice as you may need an appointment

Stay home and where possible avoid contact with others until recovered. If your symptoms worsen, contact your GP or call 000 in an emergency (e.g. difficulty breathing)

**If you are worried but feel well**

Visit the SA Health website to learn more about COVID-19 and what you can do to stay well

OR

Talk to friends, family or a professional if you need help

OR

Call the SA COVID Information Line 1800 253 787

OR

Call the SA COVID-19 Mental Health Support Line 1800 632 753

Health Practitioners should refer to the latest COVID-19 CDNA National Guidelines for Public Health Units for a comprehensive list of case definitions.